

GIRLS 4th/5th DIVISION



ADDITIONAL INFORMATION

This is a non-competitive program whose goal is to introduce youngsters to the game of basketball. Scores and standings are not kept and players will be given equal playing time whenever possible. Our program utilizes volunteer coaches. Parents and family members who attend our games should remember that these people have donated their time and energy to assist with our program and should be given the full amount of respect for doing so. If you have any questions or concerns regarding any aspect of this program, please direct them to the gym supervisor, who attends all games, or contact the Benicia Parks and Community Services Department at 746-4306.

Teams	Coach(es)
1 Storm	Jeff Jarmin
2 Sparks	Peter French, Ryan Kawecki, Thomas Maas
3 Volunteers	Joel Caragan, L. Hayag, I. Bernabe, G. Lo
4 Fighting Irish	Lauren Wilson

LOCATION: CITY GYM, 180 East L Street

Jan. 7	Court 1	Court 2
4PM		3 vs 4
5PM	1 vs 2	

Jan. 14	Court 1	Court 2
4PM		4 vs 2
5PM	1 vs 3	

Jan. 21	Court 1	Court 2
4PM		2 vs 3
5PM	4 vs 1	

Jan. 28	Court 1	Court 2
4PM		2 vs 1
5PM	4 vs 3	

Feb. 4	Court 1	Court 2
4PM		3 vs 1
5PM	2 vs 4	

Feb. 11	Court 1	Court 2
4PM		1 vs 4
5PM	2 vs 3	

Feb. 18	Court 1	Court 2
4PM		2 vs 1
5PM	4 vs 3	

Feb. 25	Court 1	Court 2
4PM		4 vs 2
5PM	1 vs 3	

Court 1: nearest lobby
Court 2: nearest stage

RULES AND REGULATIONS

- 1 The game is thirty two (32) minutes in duration and is divided into four 8-minute running clock quarters.
- 2 Each team will receive one (1) minute time out each half.
- 3 There will be a five (5) minute half-time period.
- 4 Coaches must make player changes every 4 minutes. The referee will blow the whistle to signal the player change.
- 5 Coaches must make every effort to give all players "equal" playing time.
- 6 **NO PRESSING allowed.** Defensive players must retreat to their defending basket when the other team has the ball. **A Zone or Man defense will be allowed.**
- 7 The clock will stop at all time outs, injuries, and player changes.
- 8 Coaches and their players should arrive approximately fifteen (15) minutes before their scheduled game.