

# News and Information on Community Recycling & Waste Services



## The Sustainable Benician

Dedicated to reducing greenhouse gas emissions and empowering residents to do the same in creating a sustainable community.

Last one for 2016!



### Benicia's 2nd free compost giveaway

is Saturday, September 10th. 9 AM-1 PM  
Benicia Corporation Yard, 2400 East 2nd St.

Bring your own container and we will fill it. 5 gallon buckets work best. Up to 30 gallons per household. Please bring driver's license with address. Benicia residents only.

Reuse Roundup will be held at the same time and place. Clean out those closets. Donate your kids' too small or unwanted school clothes. We need gently used: clothing, housewares, bicycles, toys, games, and costume jewelry. SORRY, no mattresses, large furniture, electronics, stuffed animals, or overly worn items.

HELP others less fortunate. Donations will go to "Faith Food Fridays," a nonprofit serving the less fortunate of Solano County.

### Other Important Dates

Coastal Cleanup  
Saturday, September 17th, 9AM-Noon  
at Benicia Shoreline

Yearly DEA National Rx Drug Take Back Day  
Saturday, October 22nd, approx. 10AM-2PM  
at Benicia Police Department, 200 E L St.

### Save the Dates for the "Chefs in the Garden" free classes sponsored by Benicia Community Gardens and Republic Services September 22nd, and October 27th, 6PM, Avant Garden, First & D St.

Join local chefs and food enthusiasts as they share their tools and techniques for cooking with fresh local ingredients in season. Grab your dinner at the Benicia Farmers' Market and come back to the garden for an hour of information, demonstration, and inspiration with topics including growing and cooking mushrooms.

To celebrate the new series, one lucky attendee at each class will receive "The Salvage Chef Cookbook:

More Than 125 Recipes, Tips, and Secrets to Transform What You Have in Your Kitchen into Delicious Dishes for the Ones You Love" by Michael Love.

Visit [beniciacommunitygardens.org](http://beniciacommunitygardens.org) for updates on chefs and topics.

Did you know? We generate 21.5 million tons of food waste each year. If we composted that food, it would reduce the same amount of greenhouse gas as taking 2 million cars off the road.



# Coastal Cleanup is Saturday, September 17th

You can make a difference! Help Clean Up the Benicia Shoreline. Ocean trash is a serious pollution problem that affects the health of people, wildlife and local economies. The ocean provides the air we breathe, the food we eat and the water we drink. Humans are changing the ocean's chemistry. Eight million metric tons of plastic leaks into the world's ocean every year and the amount continues to grow. Without concerted global action, there could be one ton of plastic for every 3 tons of fish by 2025, leading to significant environmental, economic and health issues. At least 80 percent of ocean plastic originates from land-based sources.

-International Coastal Cleanup Data

Join the world's largest volunteer effort for our ocean and waterways by participating in the International Coastal Cleanup. More than 18 million pounds of trash was collected by nearly 800,000 volunteers during the 2015 ICC.

For more information visit <http://www.oceanconservancy.org>. Look for the "join us" map section and follow links to the Benicia Coastal Cleanup.

# Never Put Sharps In A Recycling Cart



Recyclables must be sorted by hand. Any sharps placed in your recycling cart/bin can stick a worker or puncture his or her gloves. See guidelines below for the proper disposal of sharps.

## The Proper Way to Dispose of Sharps

By state law it is illegal to discard your sharps (needles and lancets) in household (or commercial) recycling or garbage. They must be placed in a certified sharps container and dropped off or sent to facilities licensed to handle biohazardous materials. Local and nearby dropoff sites include the following:



**Benicia Fire Station**  
150 Military West, Benicia



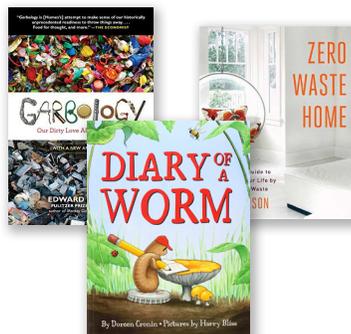
## Want to learn more about helping the environment by reducing trash?

### Check out these books:

*Garbology - Our Dirty Love Affair with Trash*  
by Edward Humes

*Zero Waste Home: The Ultimate Guide to Simplifying Your Life by Reducing Your Waste*  
by Bea Johnson

*Diary of a Worm (kid's book)*  
by Doreen Cronin and Harry Bliss



# Don't throw Expired or Unused Drugs in the Garbage or Down a Toilet...

## Yearly DEA National Rx Drug Take-Back Day for Prescription Medicines

Saturday, Oct 22, 2016, approx. 10AM-2PM,  
Benicia Police Department, 200 E L St.

