

James Lemos Swim Center Reopening Guidelines

Lap Swim / Fitness Swimming

Facility Guidelines

- Facility will be operable, cleaned and stocked.
- Building Maintenance staff will check all facility equipment and pump room to make sure everything is running properly prior to opening.
- A COVID-19 Supervisor, such as an onsite manager or designated employee will need to consistently monitor the facility and ensure social distancing is being maintained.
- There should be clear signage outside and inside the facility. Signs should include the following:
 - A sign stating that the facility has a Written Plan readily available to review upon request.
 - Individuals experiencing COVID-19 or flu like symptoms should not enter the facility.
 - Individuals entering the facility must wear face coverings; face coverings must remain in place until entering the pool water and put back on upon exiting the facility.
 - Maintain social distance of a minimum of 6 ft at all times inside the facility.
 - Map of pathways inside of the facility and out to the pool deck
- Check in / Health checks will be at the front counter where there will be a sneeze guard to separate staff from public.
- There should be clear markings for entering the facility and going to designated pool area. Lanes will also be clearly marked.
- Public will enter facility through main entrance and exit through side gate to minimize traffic at the pool.
- There will be a chair assigned to each lane where swimmer must keep all their belongings. The chair will be wiped down after each use.
- Facility will have a designated isolation area for any staff or patron who may be showing signs and symptoms of COVID-19.
- Water fountains will not be allowed for use and public should bring their own water bottles.
- Restrooms and Locker rooms will be limited in use.
 - Toilets and urinals will be properly marked and shall be cleaned after every use.
 - One sink will be available in each Restroom for washing hands.
 - Restrooms will have proper hand washing signage.

Cleaning and Disinfecting

- The CDC recommends practicing routine cleaning of frequently touched surfaces. More frequent cleaning and disinfection may be required based on level of use. Surfaces and objects in public places should be cleaned and disinfected before each use. Examples of high touch surfaces include tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilet, faucets and sinks.
- The facility will be cleaned and disinfected, including all employee and customer areas as applicable.
- Staff will sanitize and clean all restroom, shower, sink, pool handrails and counter surfaces between swimming groups. Chairs assigned to each lane will also be cleaned between swimming groups.
- The facility will be deep cleaned at the end of every day.
- Staff will be provided with cleaning supplies and trained on how to use them.
- Staff will have a cleaning check off list to done every hour for high traffic areas.
- Pool shall maintain proper water disinfectant levels (1-10 parts per million free chlorine or 3-8 ppm bromine) and ph (7.2-7.8)
 - Pool Chemicals should be checked every hour.

This facility should have access to the following supplies;

- Paper Towels
- Face Coverings
- Facial Tissue
- Gloves – Various Sizes
- No Touch Thermometers
- Disinfectant Hand Soap
- Hand Sanitizer –**minimum 60% ethyl or 70% isopropyl alcohol**
- Disinfectant Wipes
- EPA Approved Disinfectant

Safety Guidelines For Pool Facility Staff

- Before staff can work they will need to attend mandatory training on new facility protocols.
- Screen staff daily for signs and symptoms of Covid-19.
- Staff who are not feeling well will be encouraged to stay home.
- Staff shall always wear face coverings except when making a rescue in the water, or on break and 6-foot distancing protocols are being met.
- Cashier staff shall be stationed behind a sneeze guard and handle any paper money or credit card transactions between patrons and staff with protective gloves.
- Hand Sanitizer will be available for staff in the office and break room.

- Restroom/changing room access will be limited however, restrooms, showers and sinks will be accessible with 6-foot distancing protocols.
- Lifeguards will be stationed at each tower of the Olympic pool to provide proper coverage. After each rotation staff will wipe down the rails and seat of each Tower.
- Lifeguards will be assigned their own rescue tube when on Duty and will need to sanitize them at the end of their shift.
- Lifeguards will sanitize and clean all restroom, shower, sink, pool handrails and counter surfaces between swimming groups. Chairs assigned to each lane will also be cleaned between swimming groups.
- Staff may use break room. There shall be no more than 2 staff at a time and all surfaces touched should be cleaned after use.
- Staff training will be conducted in groups of no more than 10 and staff will remain with that same group during the Summer.

Lap Swim Program Information:

- Lap swim is for participants who wish to swim laps for exercise or to water walk. Recreation Swim is not allowed during the lap swim program.
- Operating Hours:
 - Monday-Friday pool hours will be 7am-12:00pm and 12:30pm-7:30pm, with that last session at 6:30pm. The pool will be closed from 12:00pm-12:30pm for a staff transition and deep clean.
 - Saturday and Sunday pool hours will be from 9am-12:00pm and 12:30pm-3:30pm with the last session at 2:30pm. The pool will be closed from 12:00pm-12:30pm for staff transition and deep clean.
- Reservations and Payments:
 - Online session reservation required for lap swimming, 45 minutes sessions.
 - 1 reservation per patron per day, and no more than 5 per week.
- Lap Swim guidelines for Swimmers:
 - Patrons will be screened for signs and symptoms of Covid-19 as they enter the facility. This will include temperature checks and the following questions:
 - Is your temperature 100.4 degrees Fahrenheit or higher?
 - Do you have a new, persistent cough in the past 3 days?
 - Do you have a new sore throat in the past 3 days?
 - Do you have unusual shortness of breath?
 - Do you have chills?
 - Are you experiencing new, inexplicable muscle pain?
 - Do you have any new acute loss of smell or taste in the past 3 days?
 - Lanes will be clearly marked
 - Patrons will should swim in the middle of each lane.
 - Patrons will be encouraged to arrive ready to swim.

- Restrooms and shower facilities are available, but patrons will be encouraged to arrive without need for those facilities.
- Patrons will need to wear a face covering when in the facility and can take it off when they get in the water.
- Patrons must bring their own pool equipment such as: towels, goggles, swim cap, kick boards, pull buoys, hand paddles, and fins.
- There will be no access to water fountains. Patrons should bring their own water.
- Patrons shall enter through the main entrance and check in at the front desk. we will have 6-foot markings outside the facility while they wait between swim sessions.
- No Congregating on the pool deck. Admission to facility is for swimmers only.
- At the conclusion of the reserved session, patrons must exit the pool, gather all belongings and exit the facility through the side gate.
- Parent or guardian are permitted to accompany a person with a special need or a parent supervising a minor under the age of 14. All persons entering the facility will be required to complete the health screening and wear a face covering.

User Group Guidelines:

- User groups must have Insurance on file with the City and coordinate scheduled time with the Aquatics Supervisor.
- No More than 10 kids per 45-minute time slot, with the same kids staying together throughout summer workouts. This could be less based on lane availability.
- Children shall not change from one group to another.
- User group participants will Enter through the main entrance and Exit through the side gate by the parking lot.
- “Health checks” must take place each day prior to participants engaging in any camp or activity, this will be conducted by City staff.
- Items used in the camp/practice must be sanitized / disinfected on a routine basis.
- Swimmers should arrive dressed in swimming attire, as the locker rooms and showers will be limited. There will be limited restrooms available.
 - Please make sure swimmers bring all of their own lap swim equipment, including kickboards and goggles. Kickboards and other shared equipment will not be provided by the City.
 - Please wear a face covering at all times while not in the water.
 - Please maintain social distancing of 6 feet at all times.
 - Participants will be greeted by a staff member for a health screening upon entering the facility which includes a symptom and temperature check prior to entering the facility.
 - One Swimmer per Lane

Water Exercise Guidelines

- Classes will be limited to 10 participants per time slot.
- All class registration must be done online prior to coming to facility
- Class will have designated location with proper signage.
- Participants must maintain 6-10ft distance while in the water
- Instructor will be on Deck during the class.
- All participants must check in at the front office where a health check will be conducted by staff that includes a temperature check and questionnaire.
- Participants must come ready to swim
- Participants shall wear a face covering when entering the facility and can take it off once they enter the water.

*These guidelines are subject to change in State or County Health Department orders.