



**SOLANO
COUNTY**

COUNTY ADMINISTRATOR'S OFFICE

FOR IMMEDIATE RELEASE

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Solano Public Health urges residents to limit gatherings over Labor Day weekend; practice social distancing

SOLANO COUNTY – The Solano County Department of Health and Social Services, Public Health division, reminds residents as we head into the Labor Day weekend to limit gatherings and to implement social distancing best practices, including maintaining a six-foot distance from those outside your household, by wearing a cloth face covering, and washing your hands frequently – all to help limit the transmission of COVID-19 disease in our community.

"Now that the County is starting to see a reduction in new cases, this weekend is a crucial moment to keep the spread of COVID-19 from increasing," said Dr. Bela T. Matyas, Solano County Health Officer. "The safest approach is to stay home and celebrate with people within your household. However, as social beings, we understand the need for wanting to get together with friends and relatives. If you do decide to meet with others, it is important to be mindful of potential risks and find ways to interact with other people as safely as possible."

In general, the more closely you interact with others – and the longer that interaction – the higher the risk of COVID-19 transmission. Consider the following safety tips when celebrating this weekend:

- If you are hosting a gathering, make sure people know to wear masks, tell invitees not to come if they feel ill, and ensure that people can maintain 6-foot physical distancing from each other.
- Ensure supplies that promote healthy hygiene are readily available, including hand sanitizers containing at least 60 percent alcohol, paper towels, masks and disinfectant wipes.
- Discourage people from sharing items that are difficult to clean or disinfect.
- If you are feeling sick, stay home, and consider leaving if you start feeling sick.
- Outdoors is safer than indoors, and when you gather, wear a face covering and stay 6-feet apart.
- Limit the number of guests; fewer guests makes it easier to maintain physical distance.
- Keep distance from people who are at higher risk for severe illness, including older adults and those with underlying medical conditions. Consider inviting them through video chat instead.

For more information consider following Solano County Public Health of Facebook [@SolanoCountyPH](https://www.facebook.com/SolanoCountyPH) and online at www.SolanoCounty.com/COVID19.

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