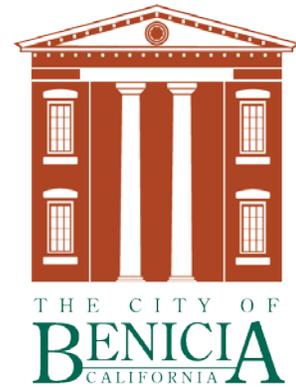


PRESS RELEASE
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**“101 WAYS TO GO ZERO WASTE” BY VALLEJO AUTHOR AT BENICIA
PUBLIC LIBRARY**

Benicia, CA (April 29, 2019) — The Benicia Public Library will host a book talk with author Kathryn Kellogg on Wednesday, May 8 at 7:00 p.m. in the Doña Benicia Room of the Library.

Kellogg worked at a Benicia business and decided to go out on her own by starting to write a blog on zero waste which led to the writing of the book, “101 Ways to Go Zero Waste.”

Kellogg admits, “going to zero waste can be daunting,” and her book is aimed at helping people begin their new lifestyle. Kellogg said “the goal was to write a book easy to digest, super easy to understand and take immediate action on.”

From declining plastic straws and bags when offered, to composting, Kellogg’s book is a basic how-to on having an immediate impact, including do-it-yourself recipes for beauty and home, consumer advice and making better shopping choices. Kellogg admits that motivating people to buy the book, read it and then take action is a challenge. She has found that 60 percent of waste in the typical family trash can is organic matter. Kellogg believes that it will take organizations, individuals, businesses and government to solve the ecological challenges.

“The Library is so glad to host Kathryn speaking on such an important and timely topic,” said Library Director David Dodd.

Bookshop Benicia will be at the Library to sell books and Kellogg will gladly autograph the book after the event.

If you have questions, please call the Library at 746-4358.

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