

Youth Basketball Cheat Sheet

Ball sizes:

- Kindergarten – 25.5 inch (Size 4)

- Adapted – 27.5 for younger (junior size); 28.5 for older

- Boys 1st - 25.5 inch (Size 4)
Boys 2nd – 27.5 inch (Junior size)
Boys 3rd – 27.5 inch (Junior size)
Boys 4th/5th – 28.5 inch
Boys 6th -8th – 29.5 inch (official size)

- Girls 1st/2nd – 25.5 inch (Size 4)
Girls 3rd-5th – 27.5 inch (Junior Size)
Girls 6th-8th – 28.5 inch

Rim Heights/Court Size:

- 6 feet – Short Court
 - Kindergarten

- 9 feet – Short Court
 - Boys 1st
 - Boys 2nd/3rd
 - Girls 1st/2nd
 - Girls 3rd – 5th

- 10 feet – Full Court
 - Boys 4th/5th
 - Boys 6th – 8th